

Eatery in Mount Upton

Last week I stopped in at Judy's Corner Kitchen in the middle of the afternoon for a cup of tea and a place to sit and write for a bit. I stepped into a very homey space, light brown walls with white trim, bare wood floors, crimson curtains at the windows and wreaths and duck decoys on the walls. I was greeted by a very friendly, pleasant waitress.

Looking around while I waited for my tea, I was surprised to see a large group of women gathered in the room on the corner. I had thought that in the middle of the day I would have the place to myself. I was pleased to see that Judy's Corner Kitchen seems to have become something of a gathering place. Before I left a couple came in for coffee, he had a large piece of cake and she had pie.

I went back for breakfast yesterday and had a chat with Judy. There really is a Judy! It turns out that she has always dreamed of having her own restaurant and when the building in Mount Upton came up for sale two years ago her husband (a local dairy farmer) encouraged her to follow her dream.

Judy's Corner Kitchen is at the corner of Route 8 and Route 51 in Mount Upton, parking lot on Route 51. The food is all fresh and homemade. The servings are large. Everyone I have seen there has been very pleasant. If you want to plan a group meeting it would be good to make a reservation, 764-8426. There is a Facebook page if you want to see pictures of the place or read other people's comments. The restaurant is open Wednesday to Saturday 7 AM to 8 PM, Sundays 7 AM to 1 PM. They are closed Monday and Tuesday.

Before I left yesterday morning two people came in, just meeting for coffee and a chance to catch up on news. I want to thank Judy for giving us a welcoming location where we can pause for a few minutes, meet with friends and nourish both the body and the soul.